

Talaromycosis: A Neglected Tropical Disease in Southeast Asia

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Acknowledgements



National Hospital for Tropical Diseases
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Hospital for Tropical Diseases,
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Duke and TMRC Vietnam
teams



THE UNIVERSITY OF HONG KONG



THE DOWAGER COUNTESS
ELEANOR PEEL TRUST



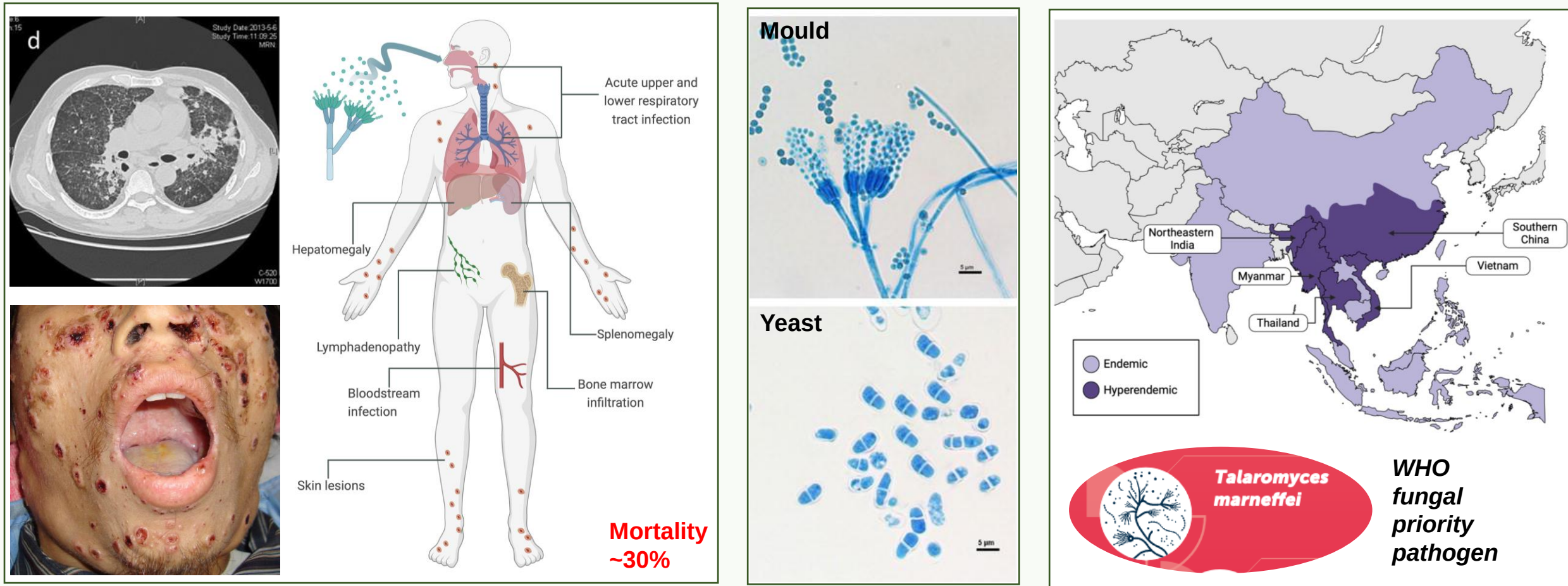
Wingate
Foundation

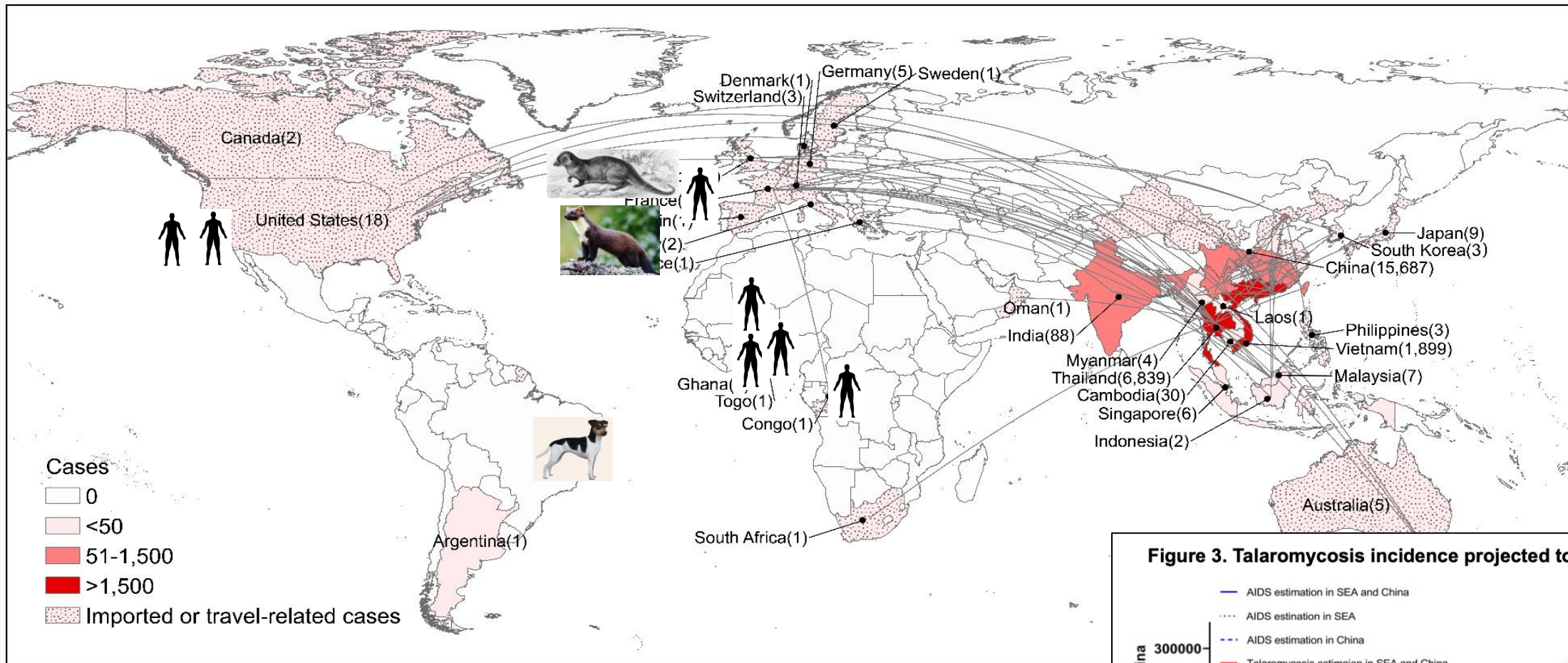
NIHR



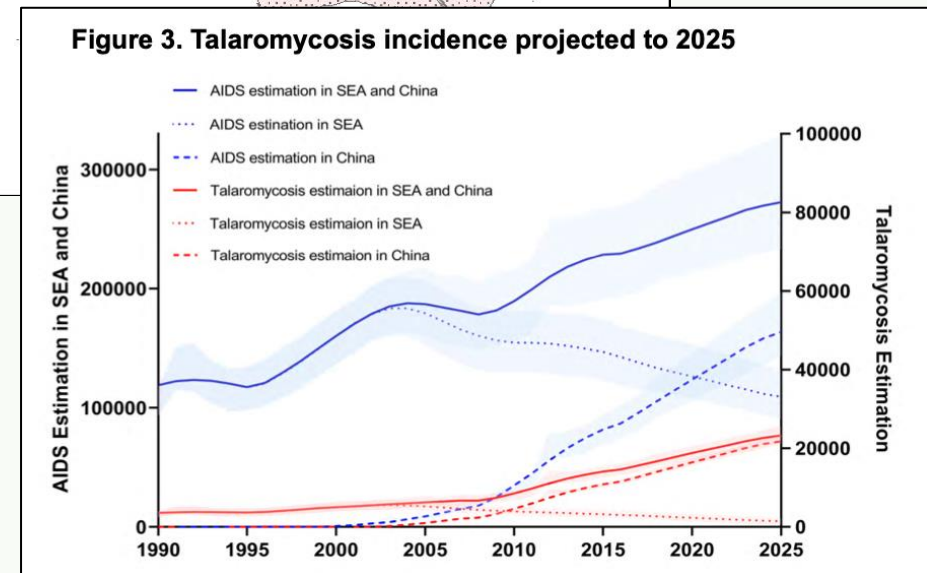
Associate Prof Thuy Le

The Severe Fungal Disease Talaromycosis





Chuanyi Ning,
PhD



Estimated 25,000 cases per year

90% HIV-infected

China (60.3%), Thailand (30.4%), and Vietnam (8.4%)

Rising incidence and expanding geography (32 countries)

Ecology of Talaromycosis

The Bamboo Rat



Rhizomys sinensis



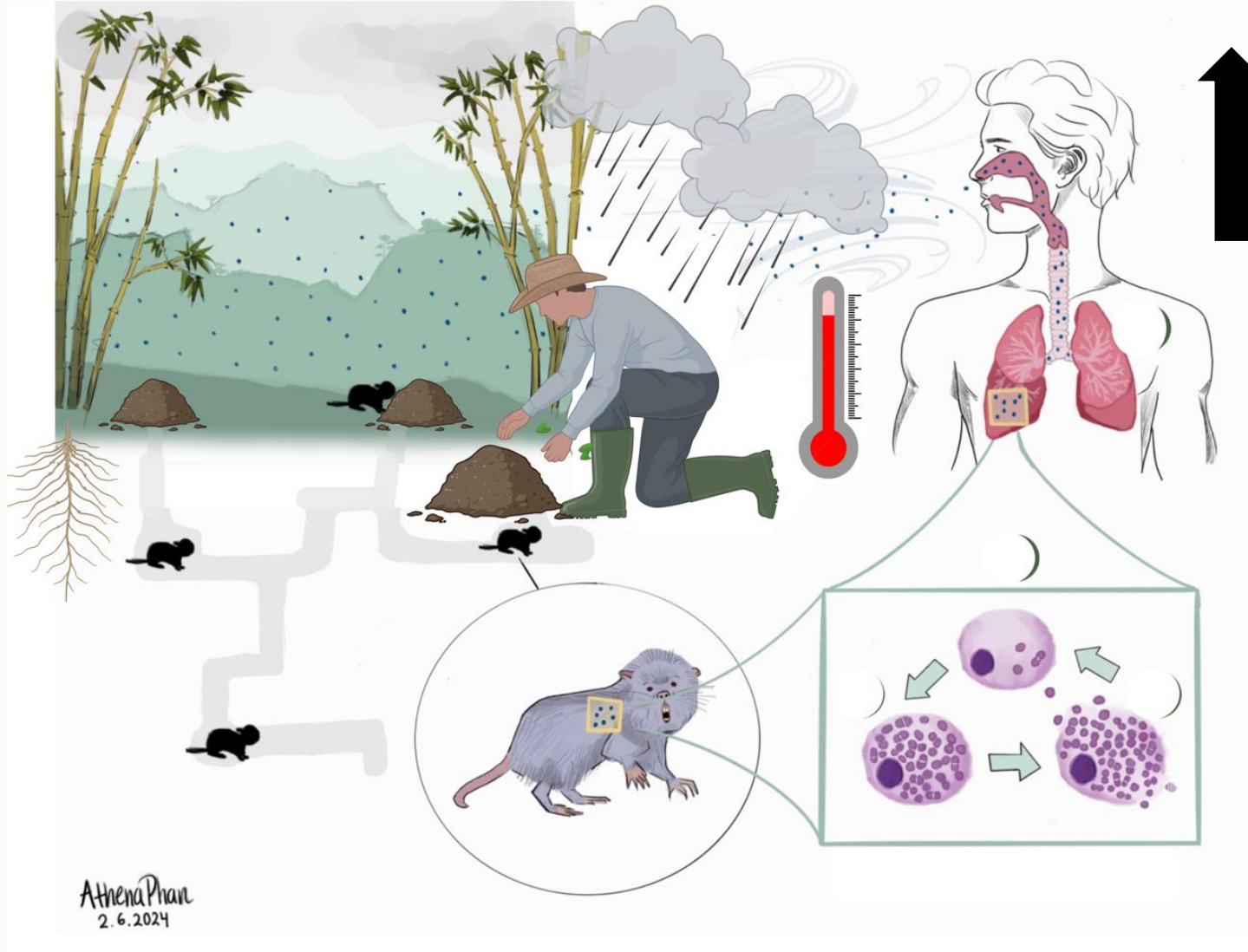
Rhizomys sumatrensis



Rhizomys pruinosus



Cannomys badius



↑ Temperature
Humidity
Rainfall

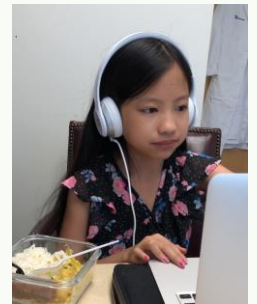


Figure by Prof Le's daughter Tuong-Vy Athena Phan (2024)

Risk Factors for Talaromycosis in Vietnam: **A case-control study**

- **Case-control** study of individuals with advanced HIV disease across 2 major hospitals in Vietnam (**n = 610**), **matched** in a 2:1 ratio
- Data on **13** pre-defined exposure variables collected by face-to-face questionnaires
- **Geographical mapping** of cases and controls



Characteristics	All patients (N = 610)	Cases (N = 205)	Controls (N =405)
Age (years)	34 (31 – 38)	33 (30 – 38)	34 (31 – 39)
Sex (male)	456 (74.8%)	154 (75.1%)	302 (74.6%)
CD4 (cells/μL)	N = 194 16.5 (7.0 – 36.0)	N = 66 9.0 (5.0 – 18.8)	N = 128 25.5 (9.0 – 54.3)
Absolute Lymphocyte (cells/μL)	N = 585 520 (300 – 750)	N = 197 410 (230 – 600)	N = 388 570 (380 – 810)
WHO stage	N = 606	N = 204	N = 402
1	3 (0.5%)	0 (0%)	3 (0.7%)*
2	16 (2.6%)	0 (0%)	16 (4.0%)*
3	146 (24.1%)	0 (0%)	146 (36.3%)*
4	441 (72.8%)	204 (100%)	237 (59.0%)
Inpatient	573 (93.9%)	205 (100%)	368 (90.9%)
Outpatient	37 (6.1%)	0 (0%)	37 (9.1%)

****All controls diagnosed with another OI***

Behavioral and exposure risk factors for talaromycosis

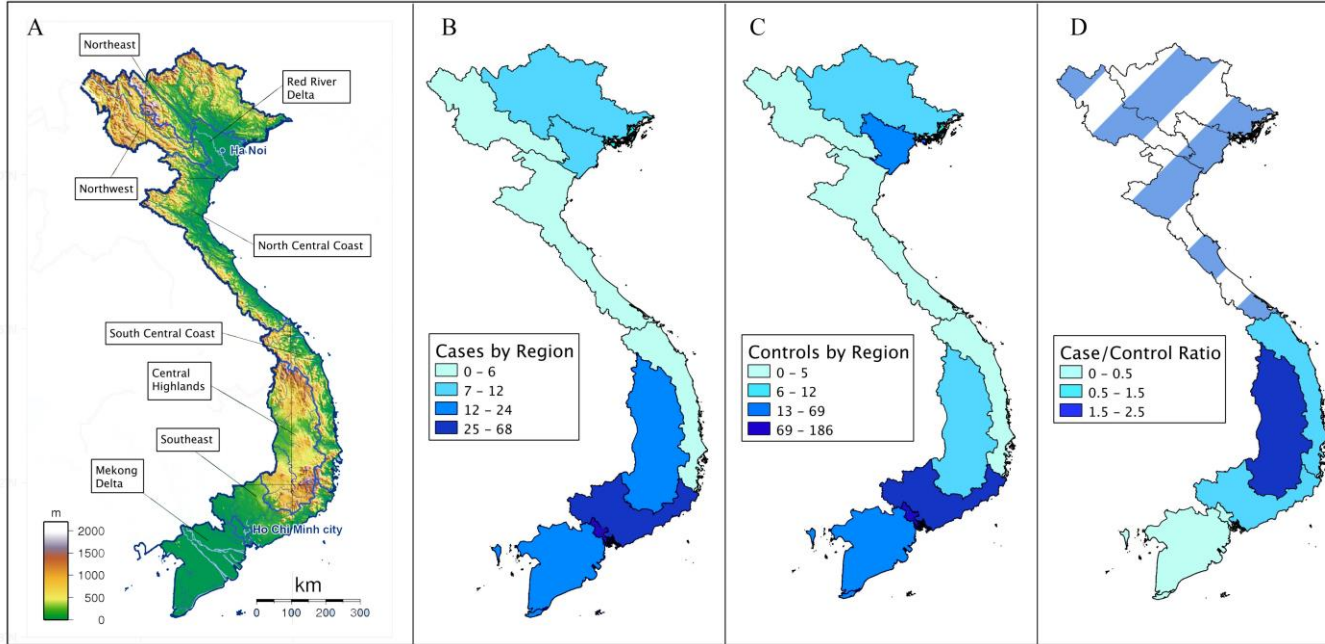
Exposure Covariates	All (N = 610)	Cases (N = 205)	Controls (N = 405)	Univariate effect OR (95% CI), P-value	Multivariate effect OR (95% CI), P-value
Antiretroviral therapy	250/610 (41.0)	72/205 (35.1)	178/405 (44.0)	0.68 (0.47 to 0.97), P = 0.04	0.75 (0.50 to 1.13), P = 0.17
Fluconazole prophylaxis	61/596 (10.2)	15/198 (7.6)	46/398 (11.6)	0.59 (0.31 to 1.11), P = 0.10	0.68 (0.35 to 1.34), p = 0.27
Cigarette smoking	413/610 (67.7)	130/205 (63.4)	283/405 (69.9)	0.65 (0.42 to 1.01), P = 0.06	0.71 (0.43 to 1.18), P = 0.19
Injection drug use	232/610 (38.0)	71/205 (34.6)	161/405 (39.8)	0.79 (0.54 to 1.15), P = 0.21	0.85 (0.54 to 1.35), P = 0.50
Outdoor occupation	263/610 (43.1)	100/205 (48.8)	163/405 (40.2)	1.47 (1.03 to 2.09), P = 0.04	1.23 (0.81 to 1.87), P = 0.34
Soil exposure	409/610 (67.0)	143/205 (69.8)	266/405 (65.7)	1.22 (0.85 to 1.75), P = 0.29	1.06 (0.69 to 1.63), P = 0.80
Natural water exposure	285/610 (46.7)	90/205 (43.9)	195/405 (48.1)	0.83 (0.58 to 1.19), P = 0.31	0.76 (0.51 to 1.13), P = 0.18
Tropical plant exposure	218/610 (35.7)	90/205 (43.9)	128/405 (31.6)	1.75 (1.22 to 2.56), P = 0.002	1.84 (1.17 to 2.90), P = 0.008
Highland plant exposure	49/610 (8.0)	25/205 (12.2)	24/405 (5.9)	2.25 (1.24 to 4.01), P = 0.008	1.71 (0.86 to 3.41), P = 0.13
Bamboo rat exposure	6/610 (1.0)	3/205 (1.5)	3/405 (0.7)	2.00 (0.40 to 9.91), P = 0.40	1.71 (0.33 to 8.87), P = 0.53
Farming animal exposure	93/610 (15.2)	40/205 (19.5)	53/405 (13.1)	1.60 (1.02 to 2.51), P = 0.04	2.03 (1.18 to 3.49), P = 0.010
Domestic animal Exposure	170/610 (27.9)	57/205 (27.8)	113/405 (27.9)	1.01 (0.67 to 1.51), P = 0.97	1.39 (0.87 to 2.22), P = 0.17
Raw animal consumption	411/610 (67.4)	132/205 (64.4)	279/405 (68.9)	0.82 (0.57 to 1.18), P = 0.28	0.91 (0.60 to 1.37), P = 0.64

In our **multivariable analysis**, independent factors for talaromycosis included:

- 1. Exposure to tropical plants** (rice, bamboo, sugarcane)
- 2. Exposure to farmed animals**



Geographical risk factors for talaromycosis



Region	Number of cases	Number of controls	Case to control ratio	OR (95% CI), <i>P</i> -value
Mekong	17	69	0.25	Reference category
HCMC	60	185	0.32	1.31 (0.56-3.03); <i>P</i> = 0.91
Southeast	68	78	0.87	3.42 (1.44-8.10); <i>P</i> = 0.001
South Central Coast	6	5	1.20	8.76 (1.25-61.56); <i>P</i> = 0.02
Central Highlands	24	11	2.18	11.36 (2.92-44.24); <i>P</i> < 0.0001

- Patients in the **highland and surrounding regions** were significantly more likely to develop talaromycosis than those residing in the Mekong Delta or HCMC
- In addition, patients with **previous residence** or **travel** to these regions were at increased risk
OR (95% CI): **3.15 (1.49 – 6.64), *P* = 0.003**

Pathogenesis of *Talaromyces marneffei*

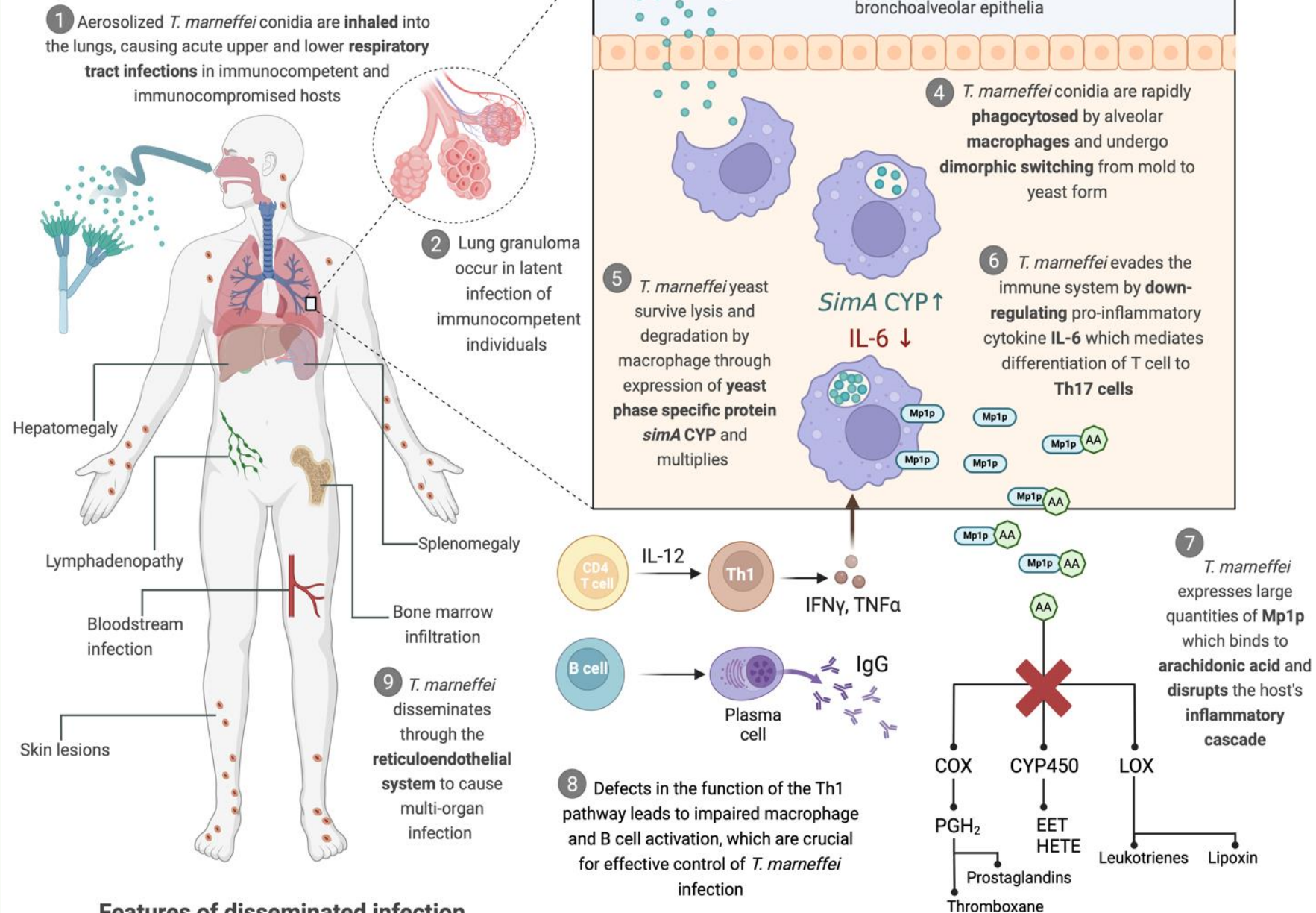


Figure: L. Brown, T. Le *et al* (2025)

Diagnostic Challenges

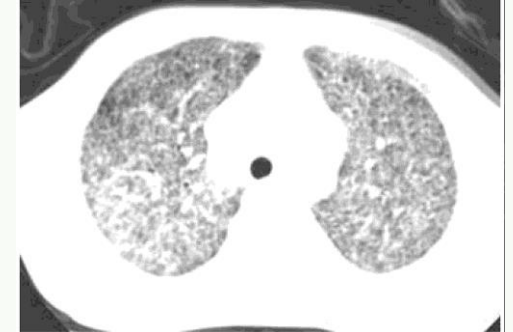
- **Non-specific** clinical features that vary according to **host factors** and overlap with other OIs
- Initiation of **empirical therapy** is not recommended due to broad differentials, antifungal drug duration and toxicity and drug-drug interactions



Talaromycosis



Histoplasmosis



Cryptococcosis

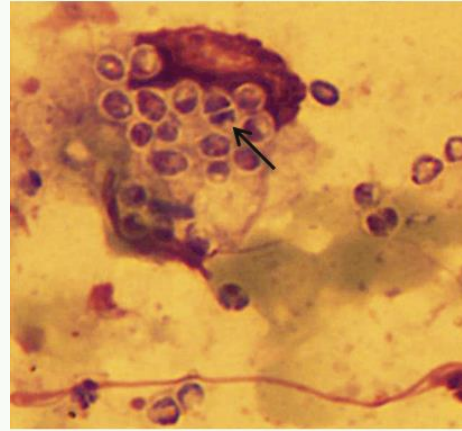


Mortality increases from 25% to 50% with late diagnosis

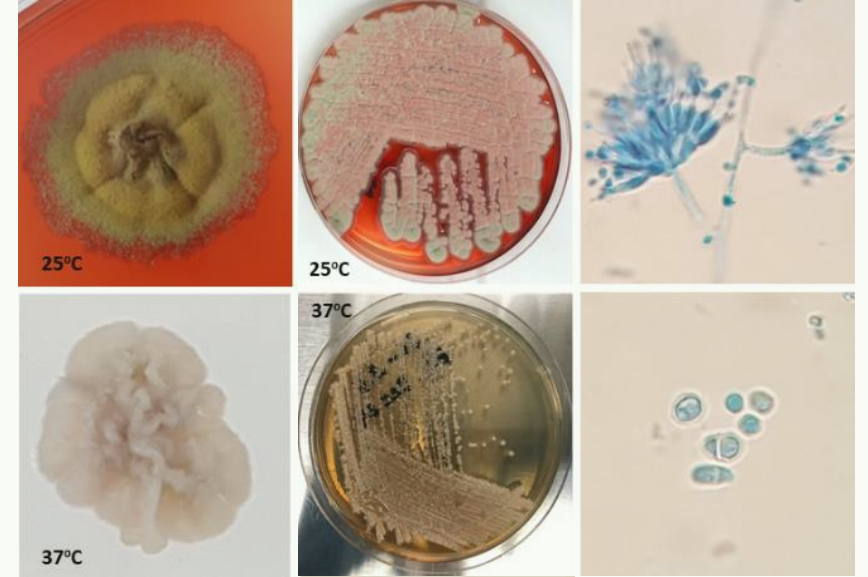
Diagnostic Challenges



Symptoms onset
Up to 6 months



Giemsa stain of skin smear
Skin lesions absent in 50%
Late-stage infection



Culture
Takes 5 – 28 days
Sensitivity: 50% to 70% in blood
Late-stage infection

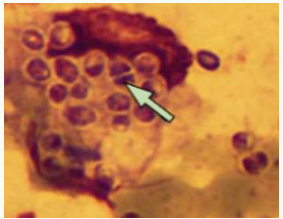
Mortality increases from 25% to 50% with late diagnosis

Talaromycosis Diagnostics

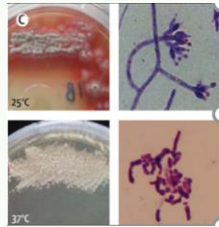
Confidence

DIRECT METHODS
Pathogen Detection

INDIRECT METHODS
Host-Based Detection



Microscopy



Culture



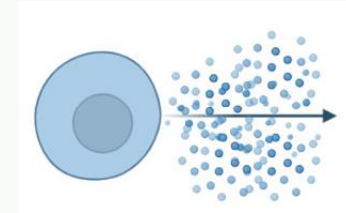
Genome
Detection



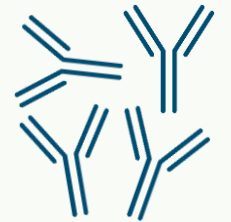
Antigen
Detection



Host
Transcriptomics



IFN-gamma
Release



Serology
IgG

Ease of detection

Time to Result:

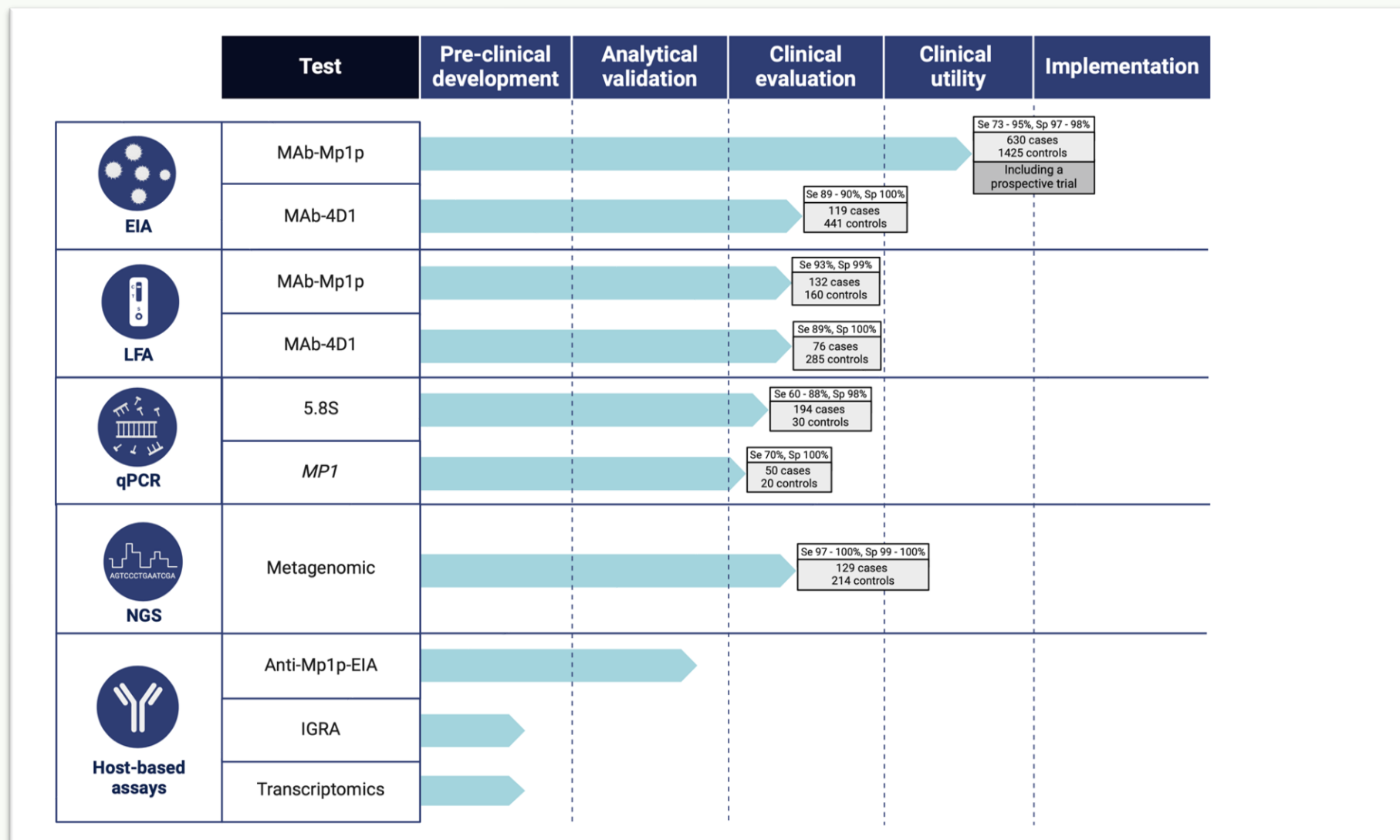
Weeks

Days

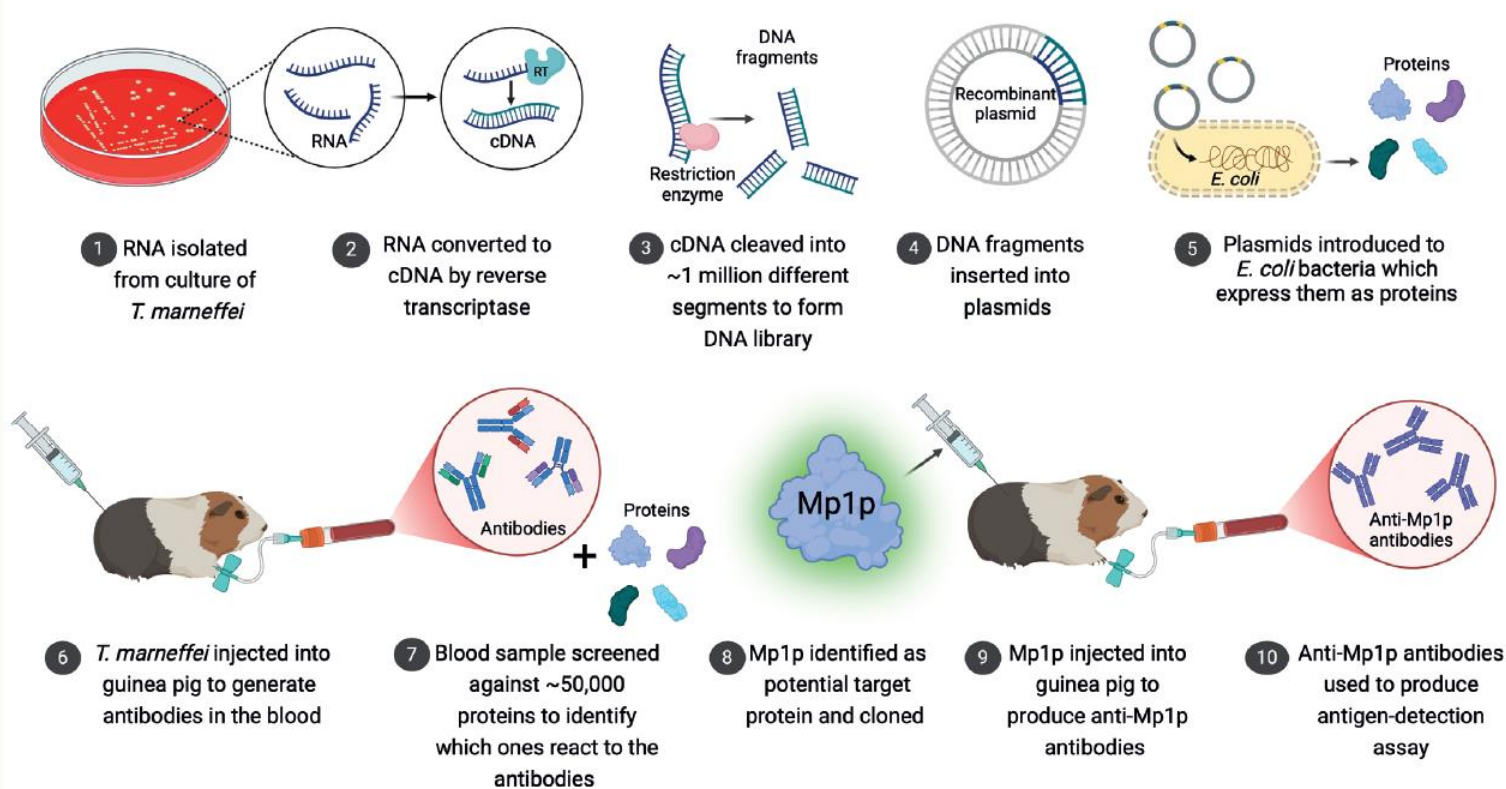
Hours

Minutes

The Novel Diagnostic Pipeline



Mp1p antigen enzyme immunoassays (EIA)



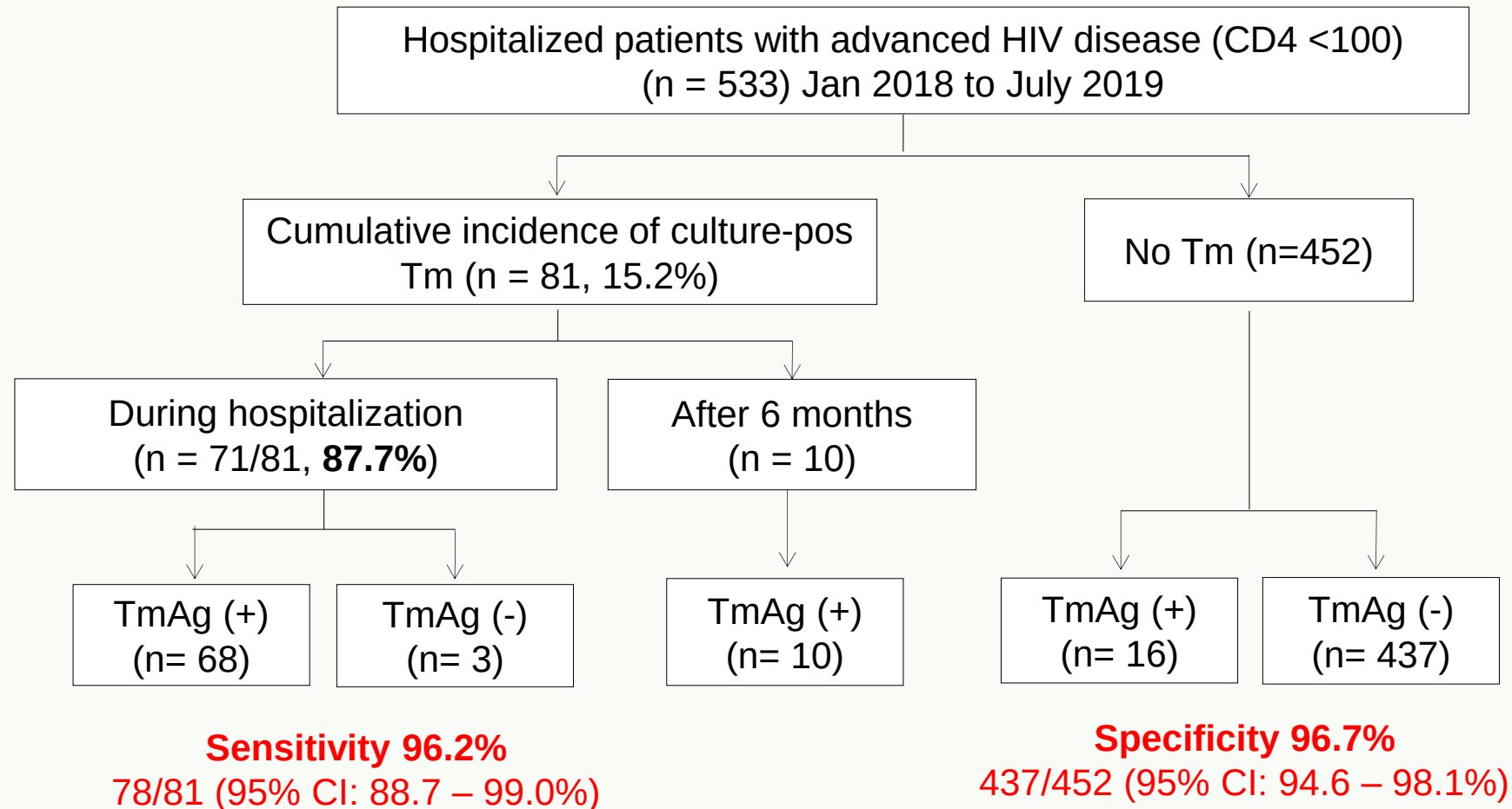
Created in BioRender. Brown, L. (2024) <https://BioRender.com/h61p998>.

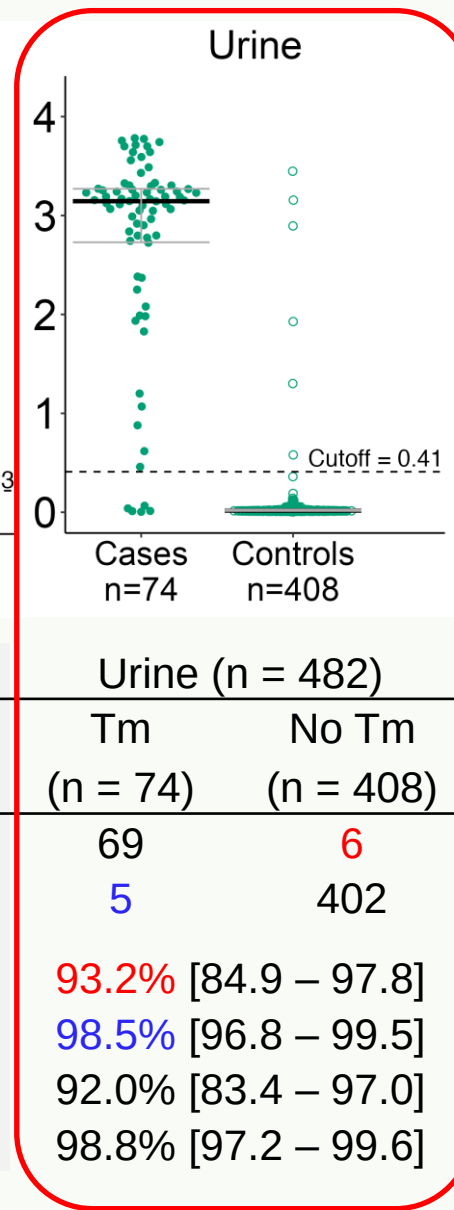
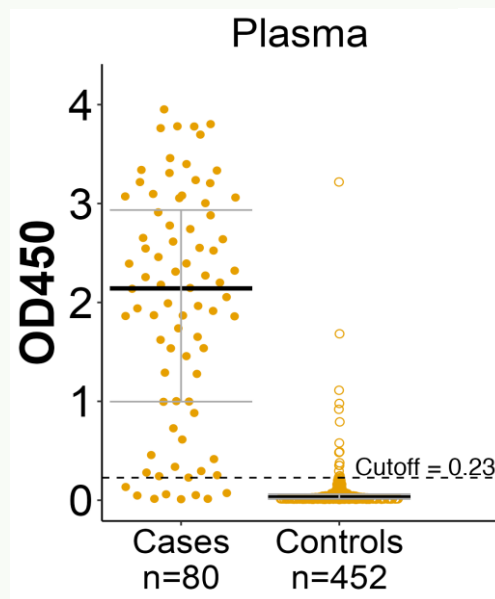
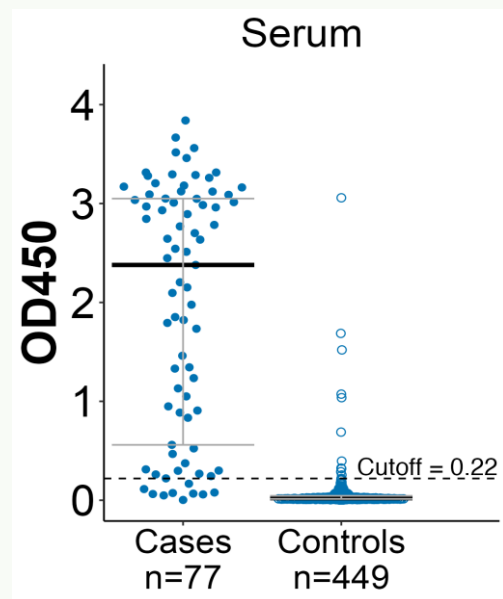


Kwok-Yung
Yuen, MD,
PhD

Study	Country	Cases / Controls (n)	Specimen type	Sens (%)	Spec (%)
Thu (2020)	Southern Vietnam	372 cases, 517 controls	Plasma, urine	86	98
Chen (2022)	China	93 cases, 190 controls	Serum	72	97
Gong (2023)	China	350 cases, 255 controls	Serum	72	98

Mp1p EIA prospective validation in hospitalized patients with AHD

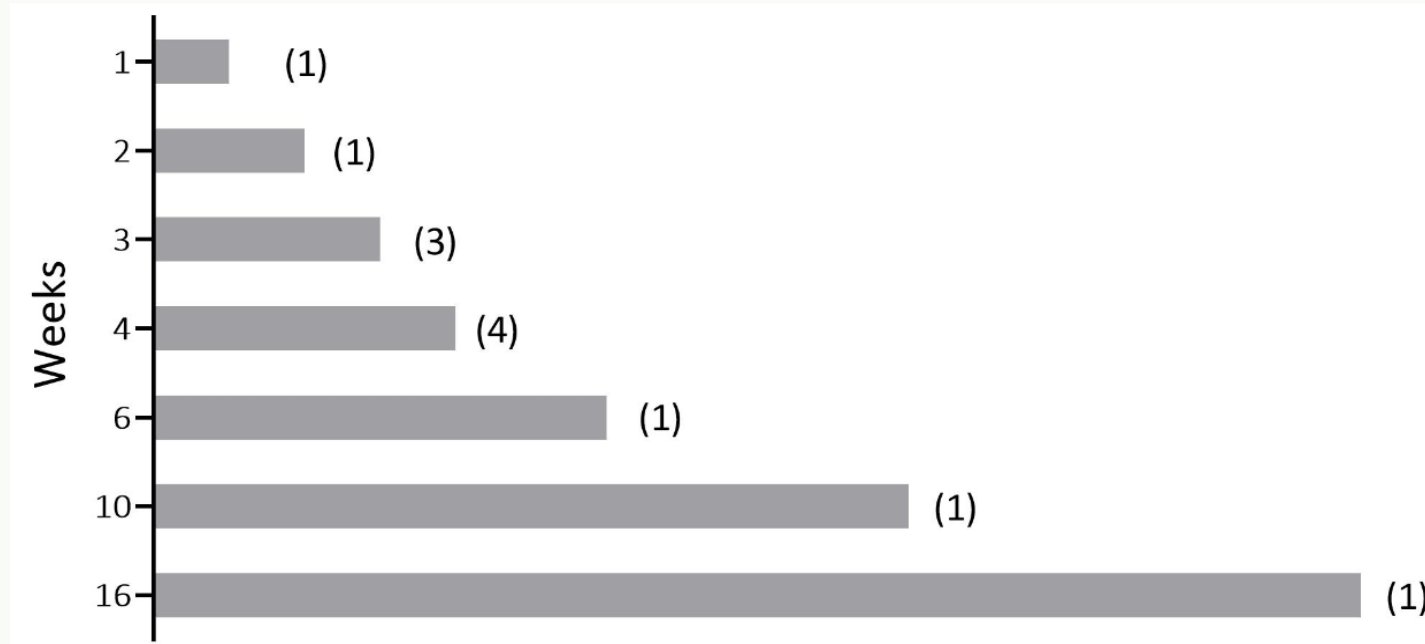




	Serum (n = 526)		Plasma (n = 532)		Urine (n = 482)	
	Tm (n = 77)	No Tm (n = 449)	Tm (n = 80)	No Tm (n = 452)	Tm (n = 74)	No Tm (n = 408)
TmAg Pos	68	11	72	15	69	6
TmAg Neg	9	438	8	437	5	402
Sensitivity	88.3% [79.0 – 94.5]		90.0% [81.2 – 95.6]		93.2% [84.9 – 97.8]	
Specificity	97.6% [95.7 – 98.8]		96.7% [94.6 – 98.1]		98.5% [96.8 – 99.5]	
PPV	86.1% [76.5 – 92.8]		82.8% [73.2 – 90.0]		92.0% [83.4 – 97.0]	
NPV	98.0% [96.2 – 99.1]		98.2% [96.5 – 99.2]		98.8% [97.2 – 99.6]	

Mp1p EIA performance when testing plasma and urine together

	Cases (n = 81)	Controls (n = 452)	Row Sum
TmAg positive	78	15 (FP)	93
TmAg negative	3 (FN)	437	440
Column sum	81	452	533
Sensitivity	96.3% (95% CI 89.6– 99.2)		
Specificity	96.7% (95% CI 94.6 – 98.1)		
Positive predictive value	83.9% (95% CI 74.8– 90.7)		
Negative predictive value	99.3% (95% CI 98.0 - 99.9)		



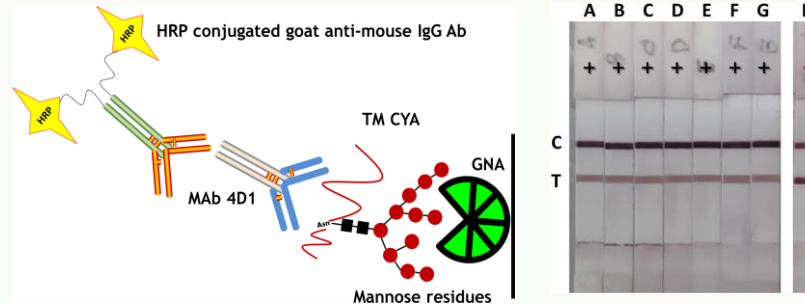
Mp1p antigenemia precedes blood culture positivity by up to **16 weeks**

Three point-of-care antigen tests

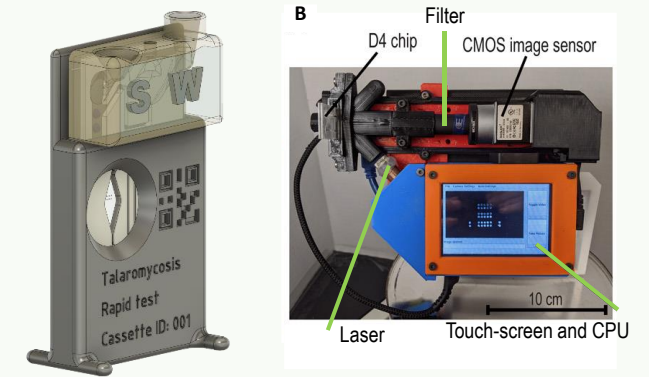
IMMY Mp1p LFA



4D1 LFA



Mp1p D4 POCT



IMMY/Uni HK

Sens = 91%
Spec = 99%
239 cases, 160 controls

Sirida Youngchim,
Chiangmai Uni.

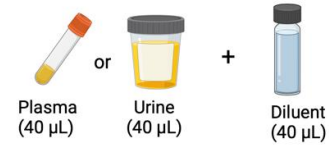
Sens = 89%
Spec = 100%
76 cases, 265 controls

Duke/Uni HK

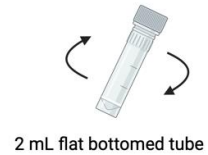
Sens = 92%
Spec = 100%
26 cases, 8 controls

The Mp1p LFA

Step 1 Sample preparation



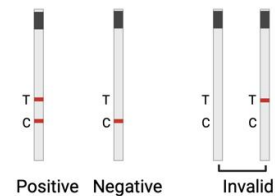
Step 2 Mixing of sample and diluent



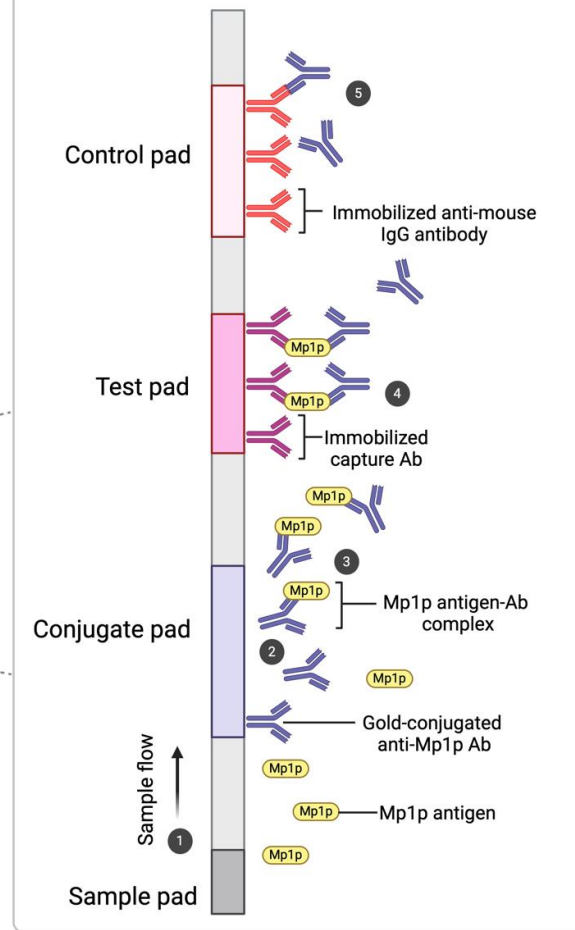
Step 3 Insertion of test strip and incubation



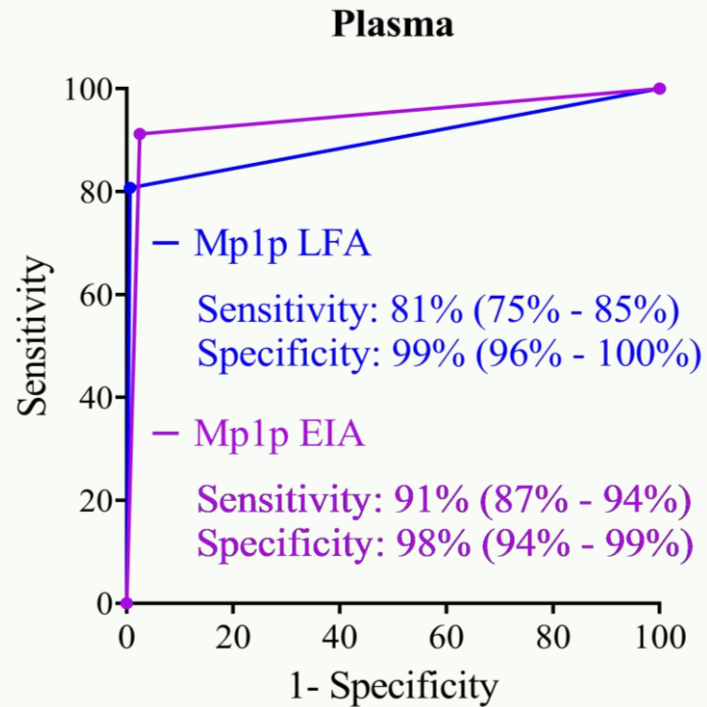
Step 4 Interpretation of results



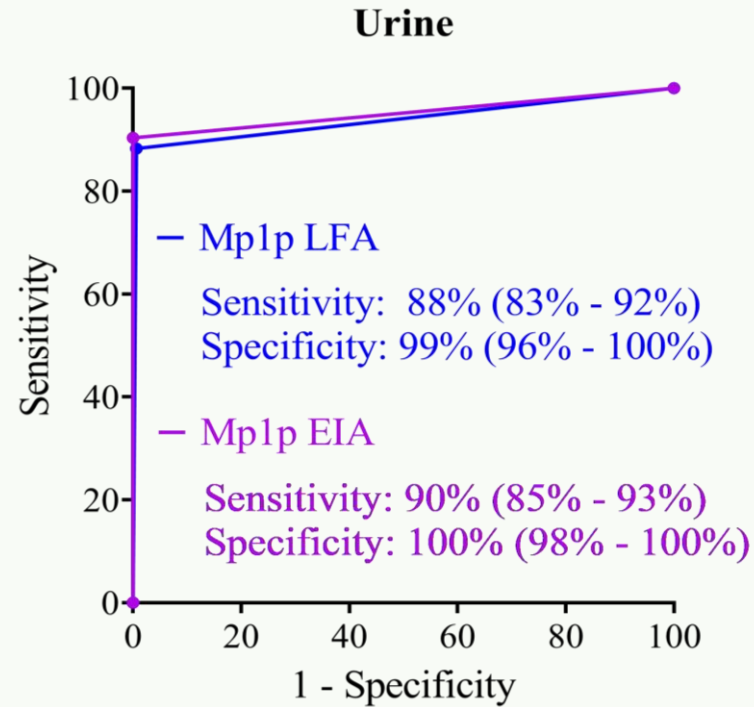
Principle of the Mp1p LFA



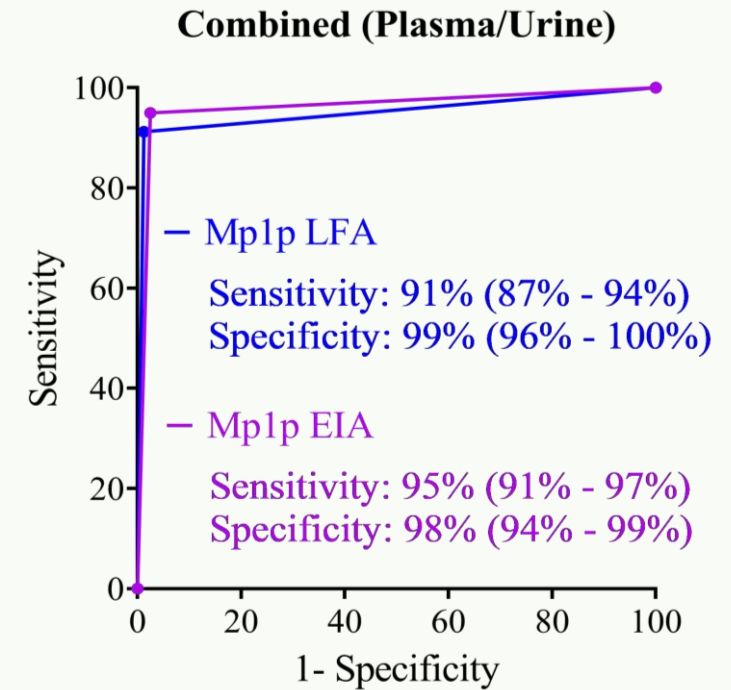
Performance of IMMY Mp1p LFA vs. Mp1p EIA (239 talaromycosis case and 160 control patients with AHD)



Sensitivity LFA vs EIA, $P < 0.001$
Specificity LFA vs EIA, $P = 0.37$

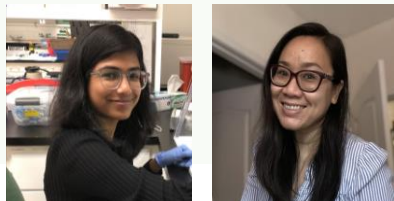


Sensitivity LFA vs EIA, $P = 0.27$
Specificity LFA vs EIA, $P = 1.00$



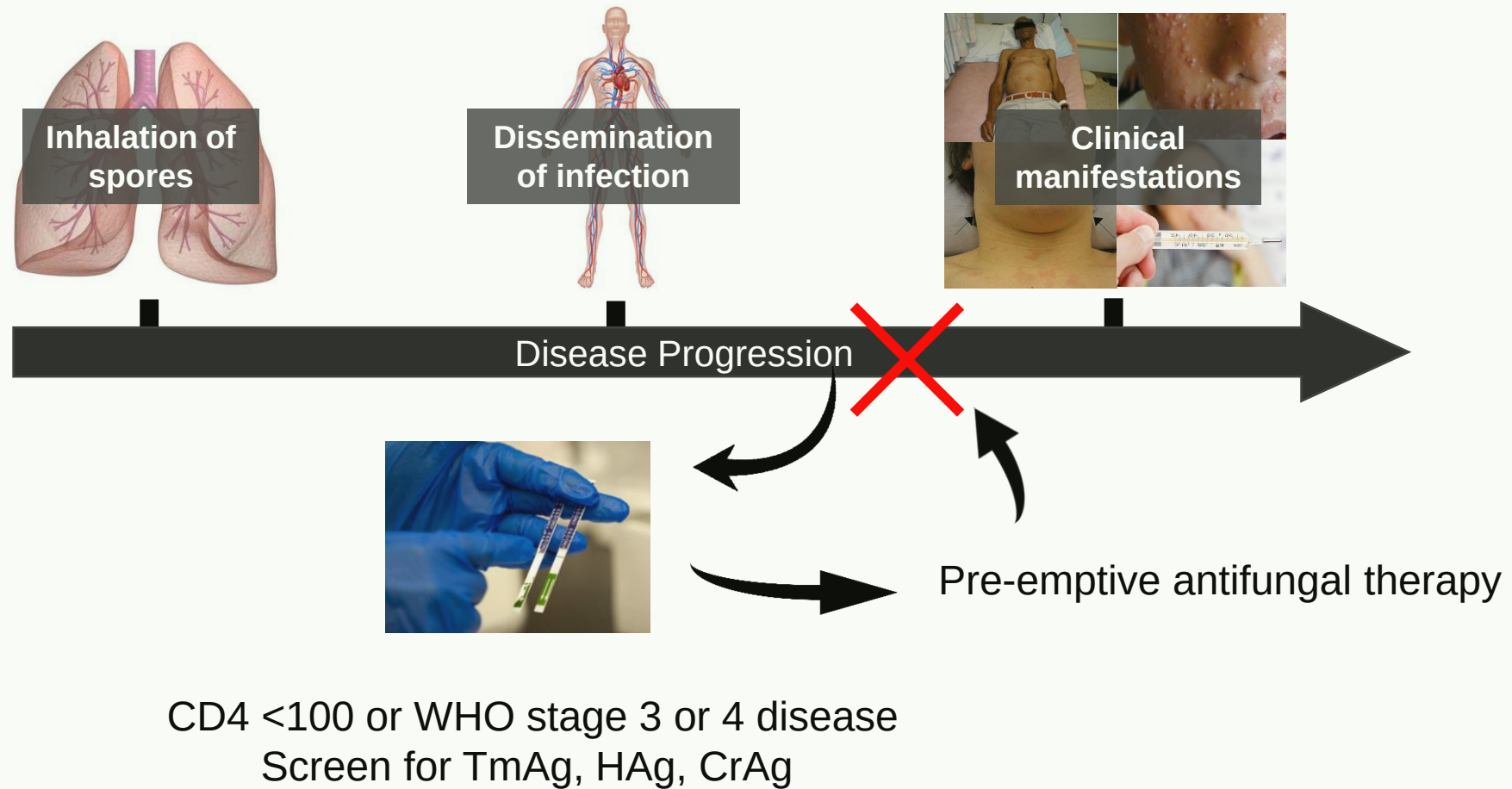
Sensitivity LFA vs EIA, $P = 0.02$
Specificity LFA vs EIA, $P = 0.68$

EIA (95%) > LFA (91%) >> blood culture (55%)



Thu NTM and Venugopalan S (in preparation)

Triple fungal screen-and-treat strategy in advanced HIV disease



Triple fungal and mycobacterial screening study flow

Figure 1. Study population and schema

- Adults with **AHD** ($CD4 < 100$ cells/mm³ or WHO stage III/IV)
- Not on ART, on ART ≤ 3 months, OR on ART > 12 months
- Not on effective antifungal therapy for systemic mycoses

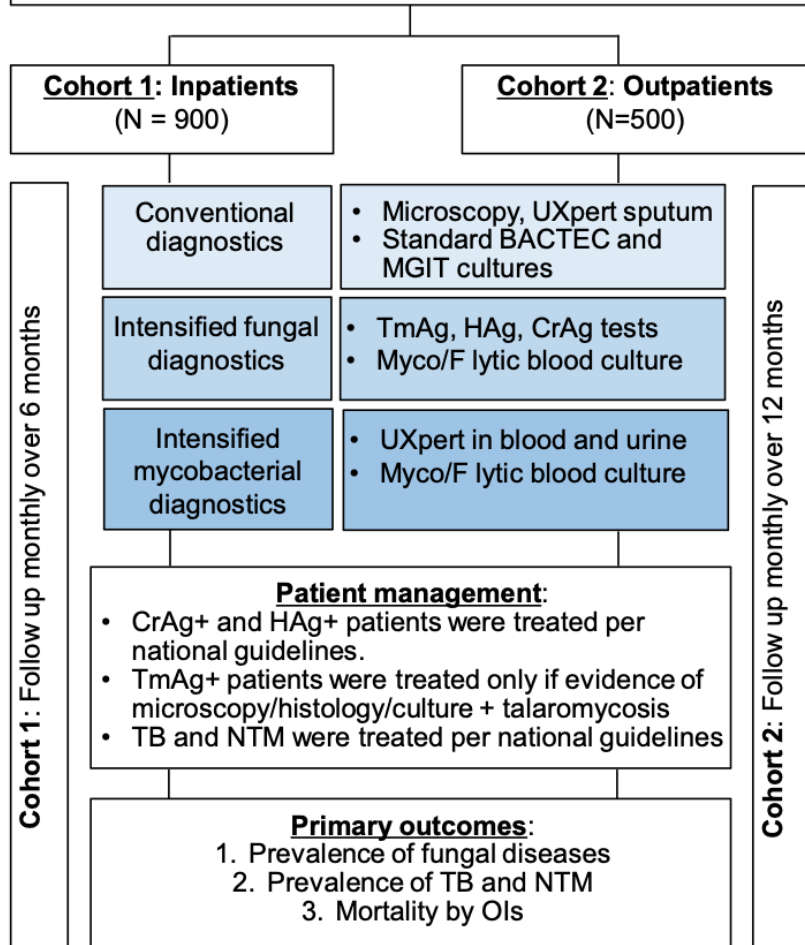
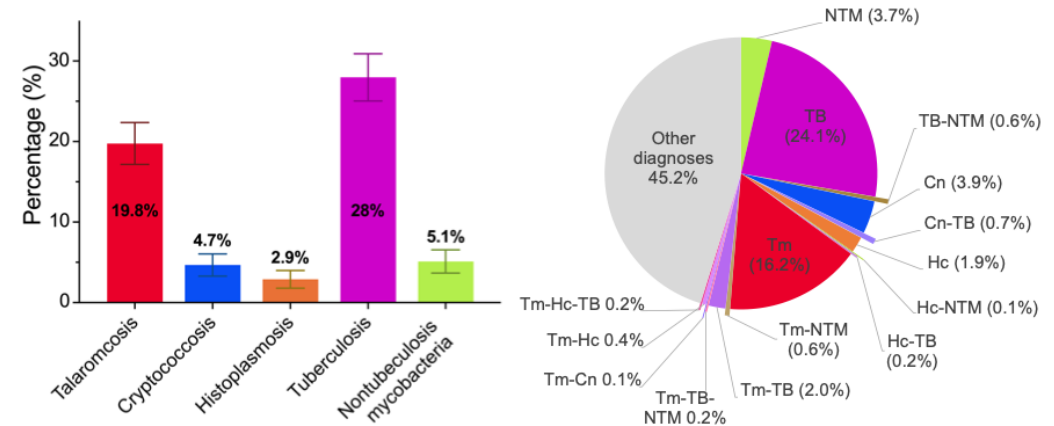
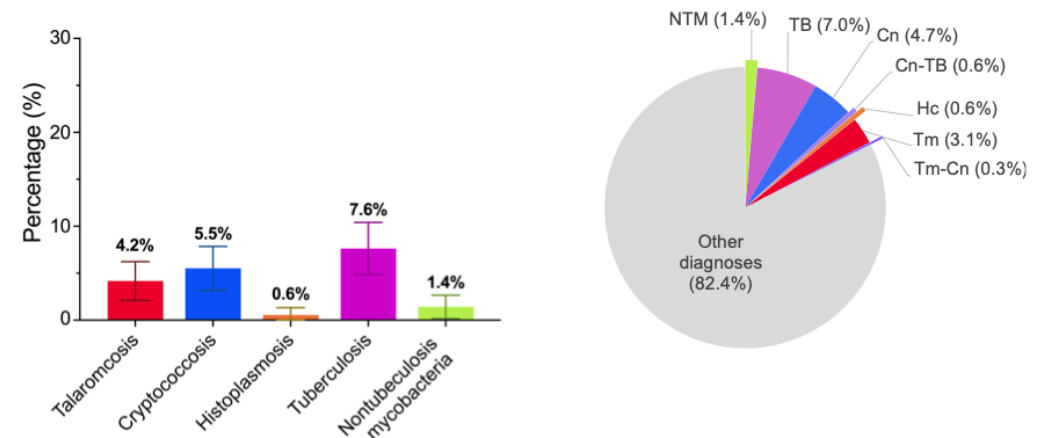


Figure 2. Prevalence of three mycoses and mycobacterial infections in inpatients and outpatients with ADH

Cohort 1: Inpatients
(N = 901)



Cohort 2: Outpatients
(N = 358)



Note: Tm: Talaromycosis; Cn: Cryptococcosis, Hc: Histoplasmosis, TB: Tuberculosis, NTM: non-tuberculosis mycobacteria

qPCR assays

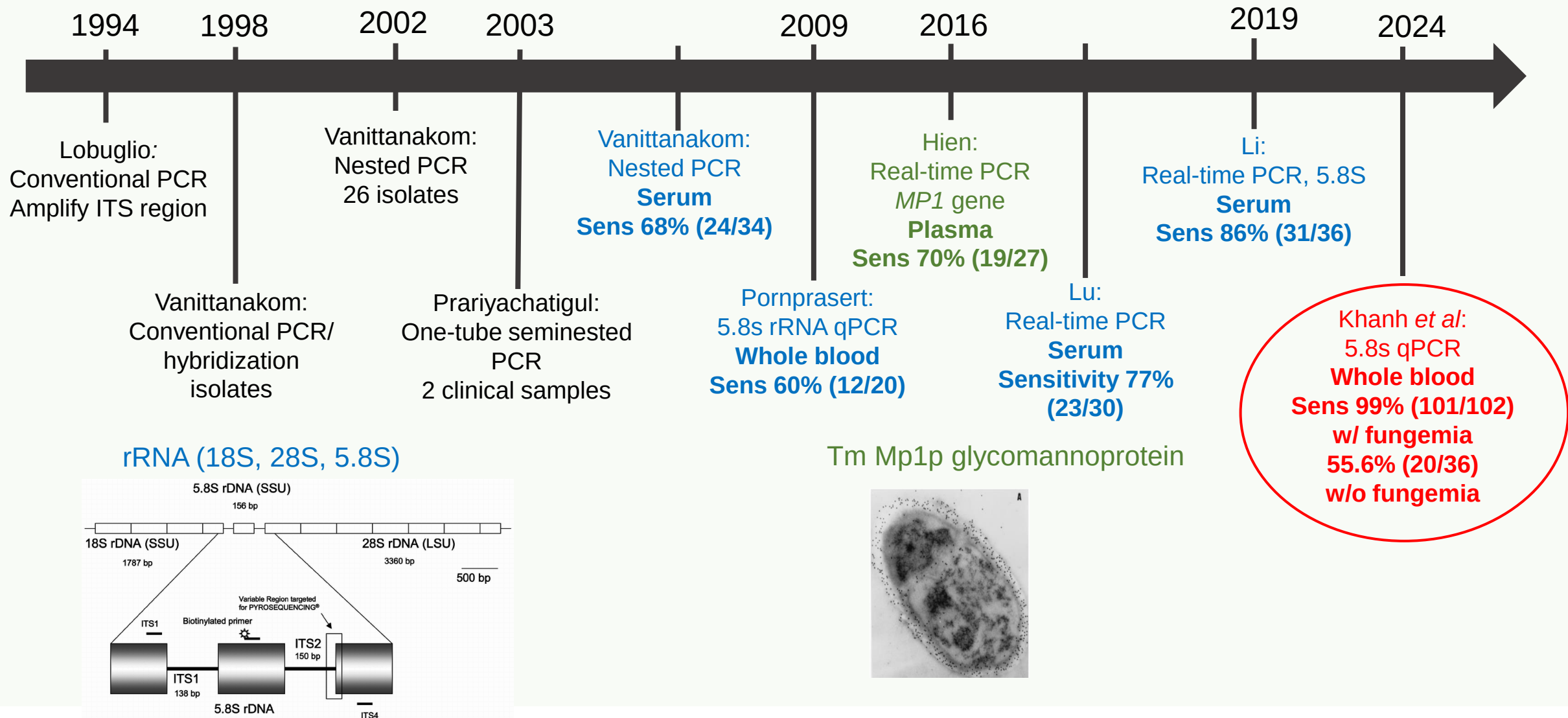
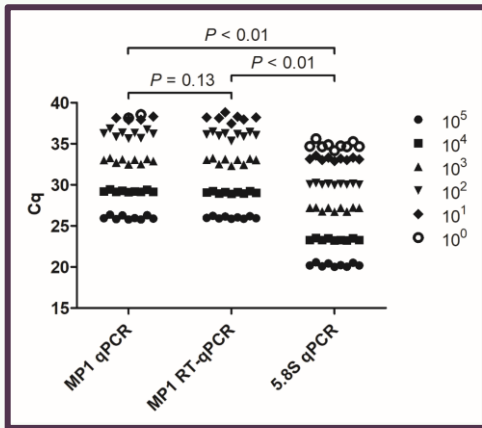
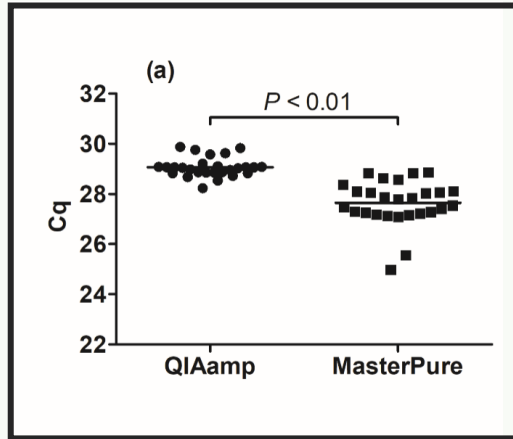


Figure: T. Le (2024)

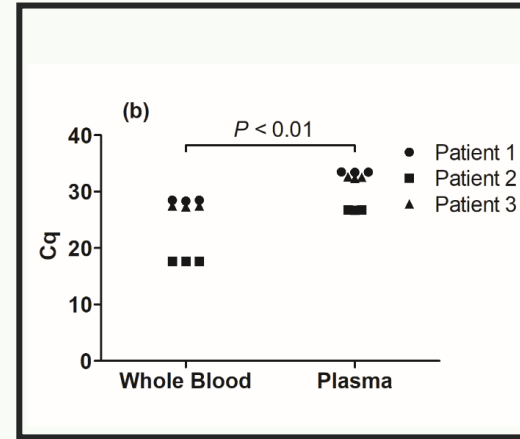
Optimization of the 5.8S qPCR assay



5.8S primers



**DNA extraction by
MasterPure**



Whole blood (1mL)

**No cross-reactivity
with 15
clinically-
related
species**

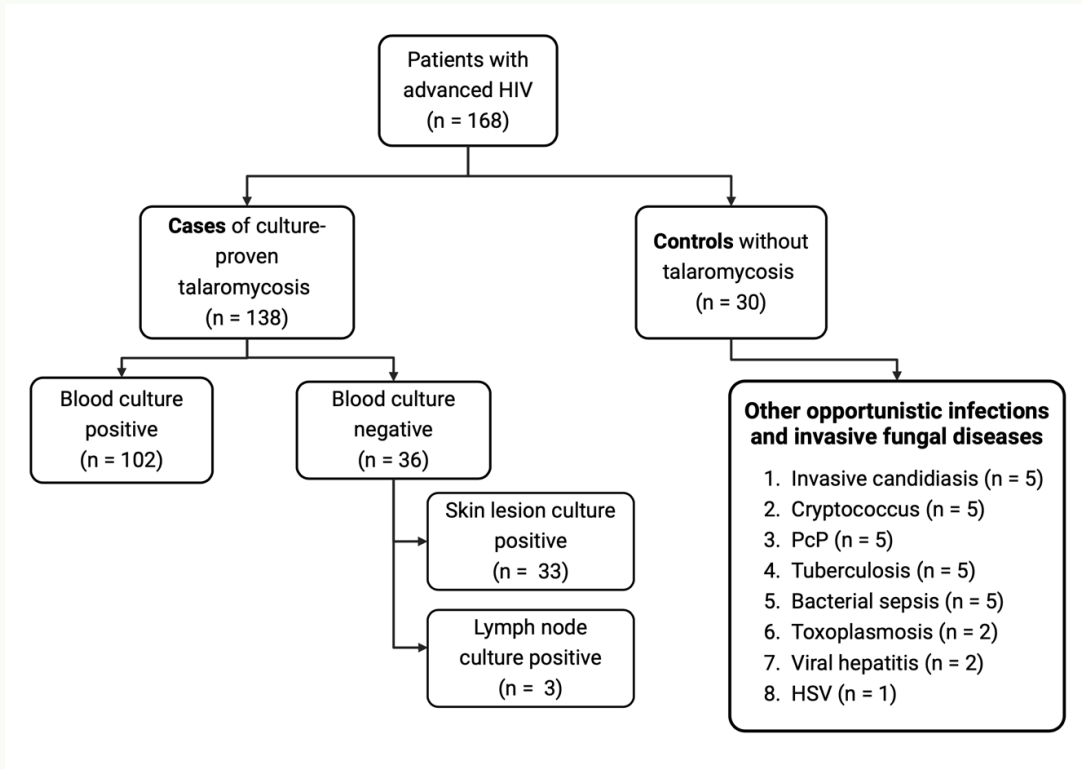
Candida albicans
Candida tropicalis
Candida krusei
Candida parasilopsis
Aspergillus fumigatus
Aspergillus terreus
Aspergillus flavus
Cryptococcus neoformans
Histoplasma capsulatum
Penicillium chrysogenum
Penicillium aurantiogriseum
Penicillium citrinum
Penicillium crustosum
Penicillium expansum
Penicillium glabrum

Achieved highest analytical sensitivity to date (1 cell per mL)

Khanh, Ha My et al



Clinical evaluation of the 5.8S qPCR assay



Further optimization:

- Higher volumes of whole blood
- Smaller elution volumes
- ddPCR

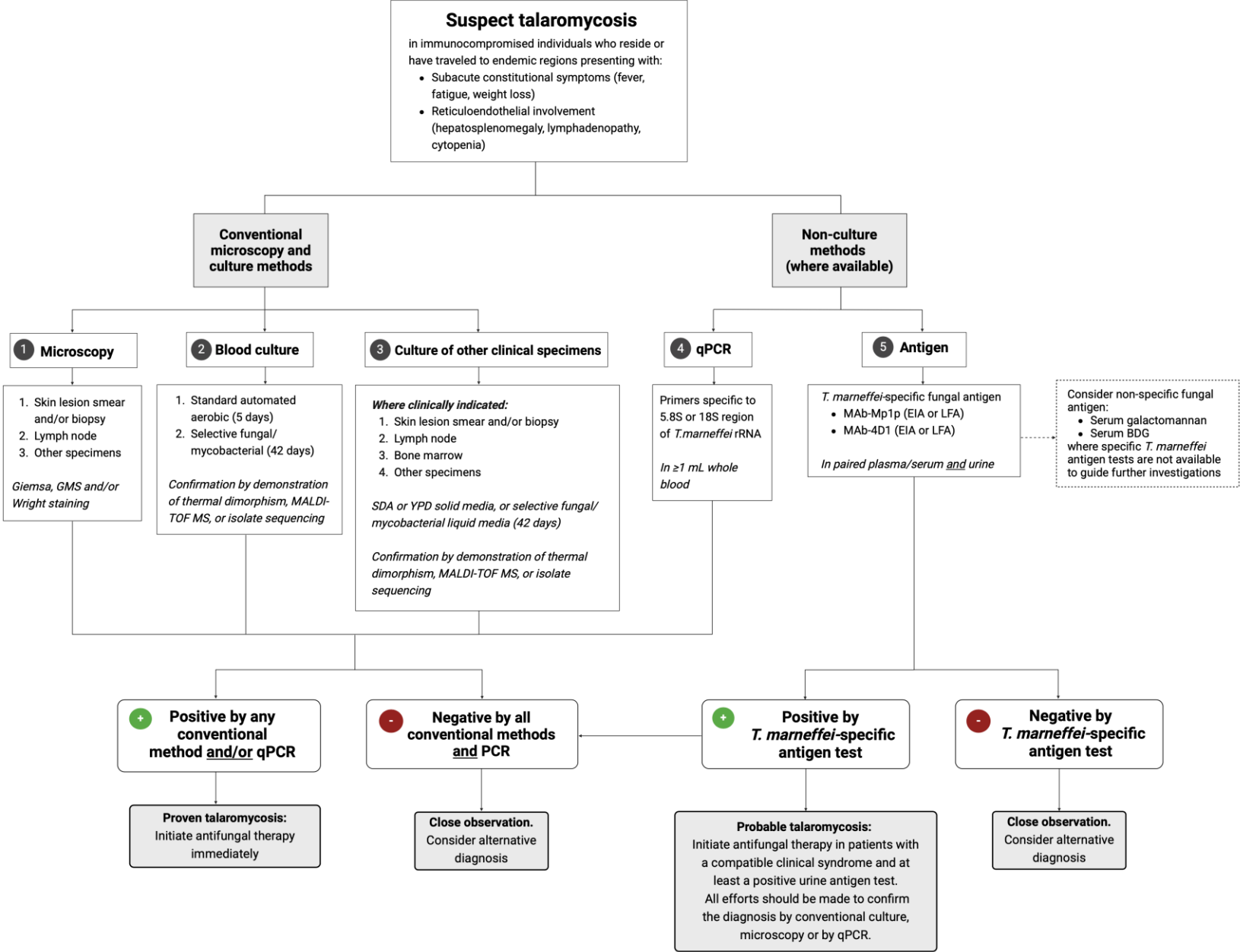
Overall sensitivity = 88%

- In blood-culture-positive = 99%
- In blood-culture-negative = 56%

Overall specificity = 97%

	5.8S qPCR	Blood culture	P value
Blood culture-positive cases (n = 102)	101 (99.0%) 95% CI: 94.6 – 99.9%	102 (100%)	1.00
Blood culture-negative cases (n = 36)	20 (55.6%) 95% CI: 38.1 - 72%	-	
Total cases	121 (87.7%) 95% CI: 80.7 - 92.5%	102 (73.9%) 95% CI: 65.6 - 80.8%	<0.01

Diagnostic Algorithm for Talaromycosis



Figures: ¹Brown *et al* under review at CID (2025)

In vitro activity against *T. marneffe*

Fluconazole		<i>*Not correlated with clinical efficacy</i>	
Itraconazole			
Voriconazole			
Posaconazole			
Isavuconazole			
Terbinafine			
5-FC			
AmB*			
Caspofungin			
Andulafungin			
Micafungin			
Olorofim		Potent	
Fosmanogepix		Variable	
Oteseconazole		Limited	

Current Treatment Options for Talaromycosis

The NEW ENGLAND JOURNAL of MEDICINE

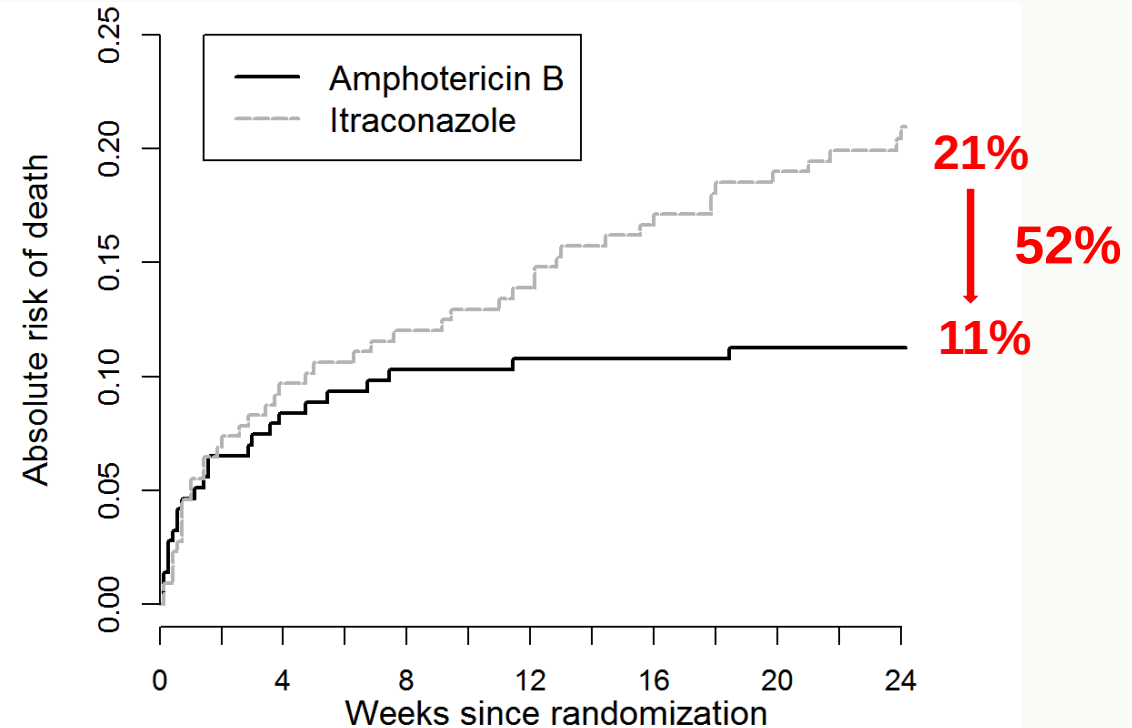
ORIGINAL ARTICLE

A Trial of Itraconazole or Amphotericin B for HIV-Associated Talaromycosis

Thuy Le, M.D., D.Phil., Nguyen Van Kinh, M.D., Ph.D., Ngo T.K. Cuc, M.D.,

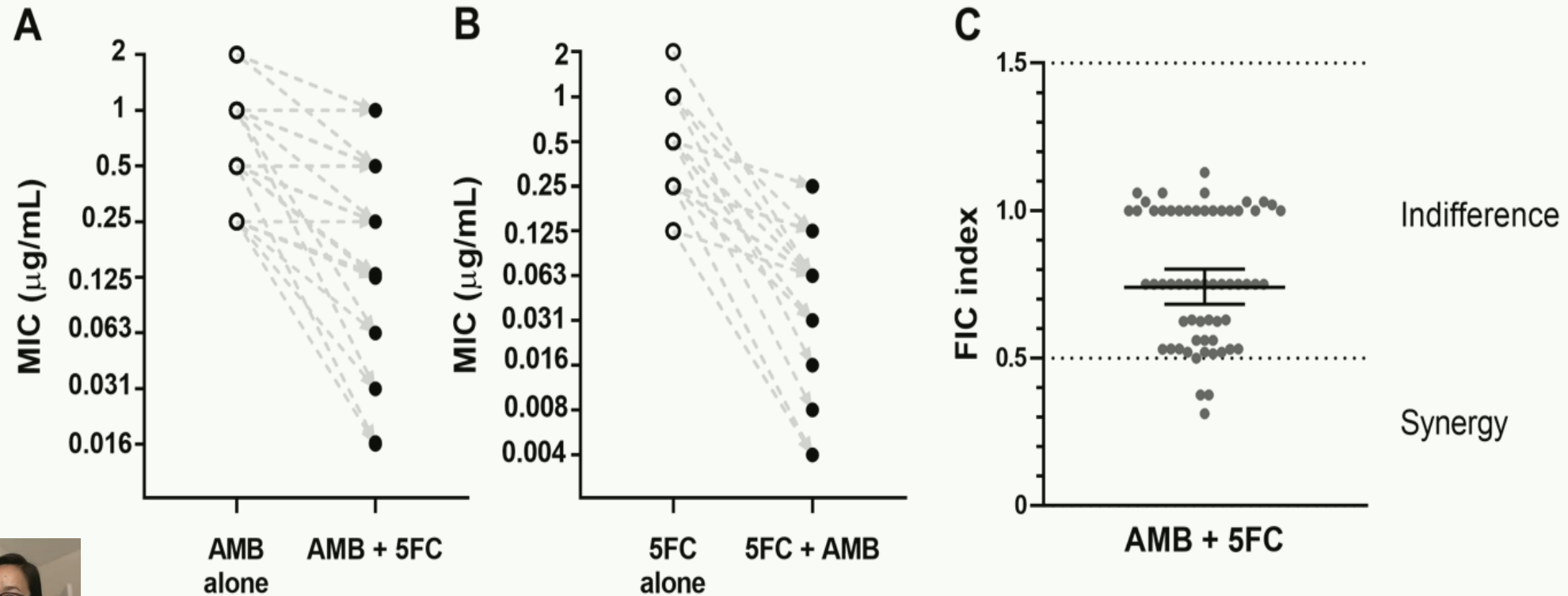
DAmB – highly potent but highly toxic

55% grade 3 AEs or higher



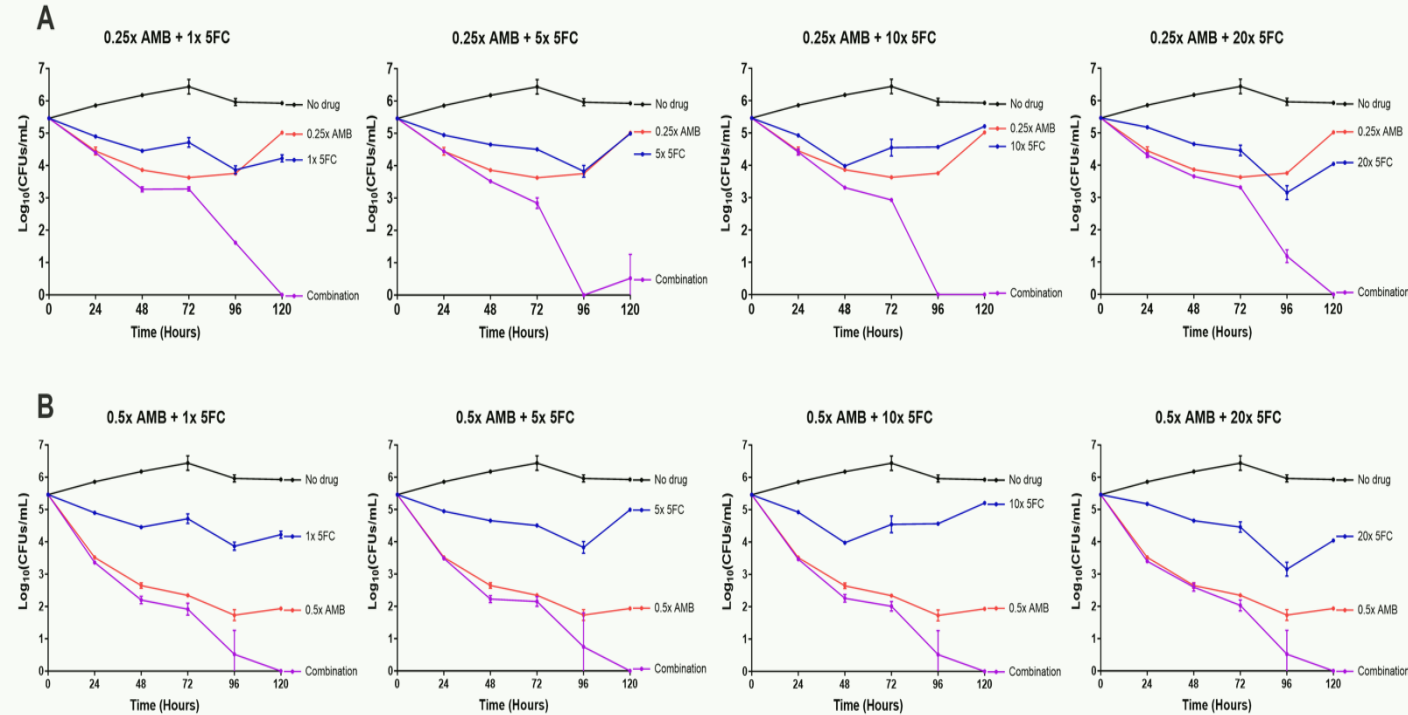
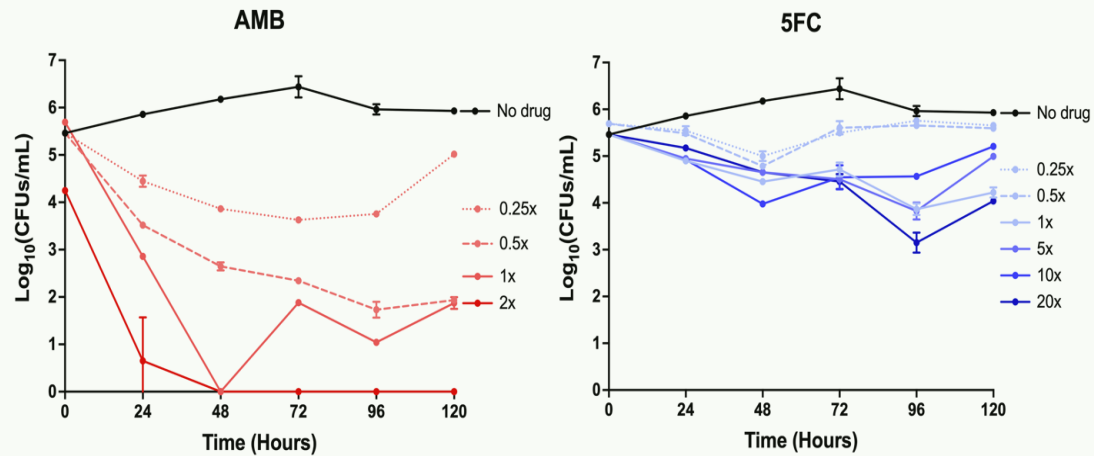
No. at risk							
Amphotericin B	217	194	189	187	187	185	165
Itraconazole	218	194	189	185	179	174	147

Partial synergy between **Amphotericin B** and **5FC** against Tm in 60 clinical isolates



Full synergy between **Amphotericin B and 5FC** against Tm

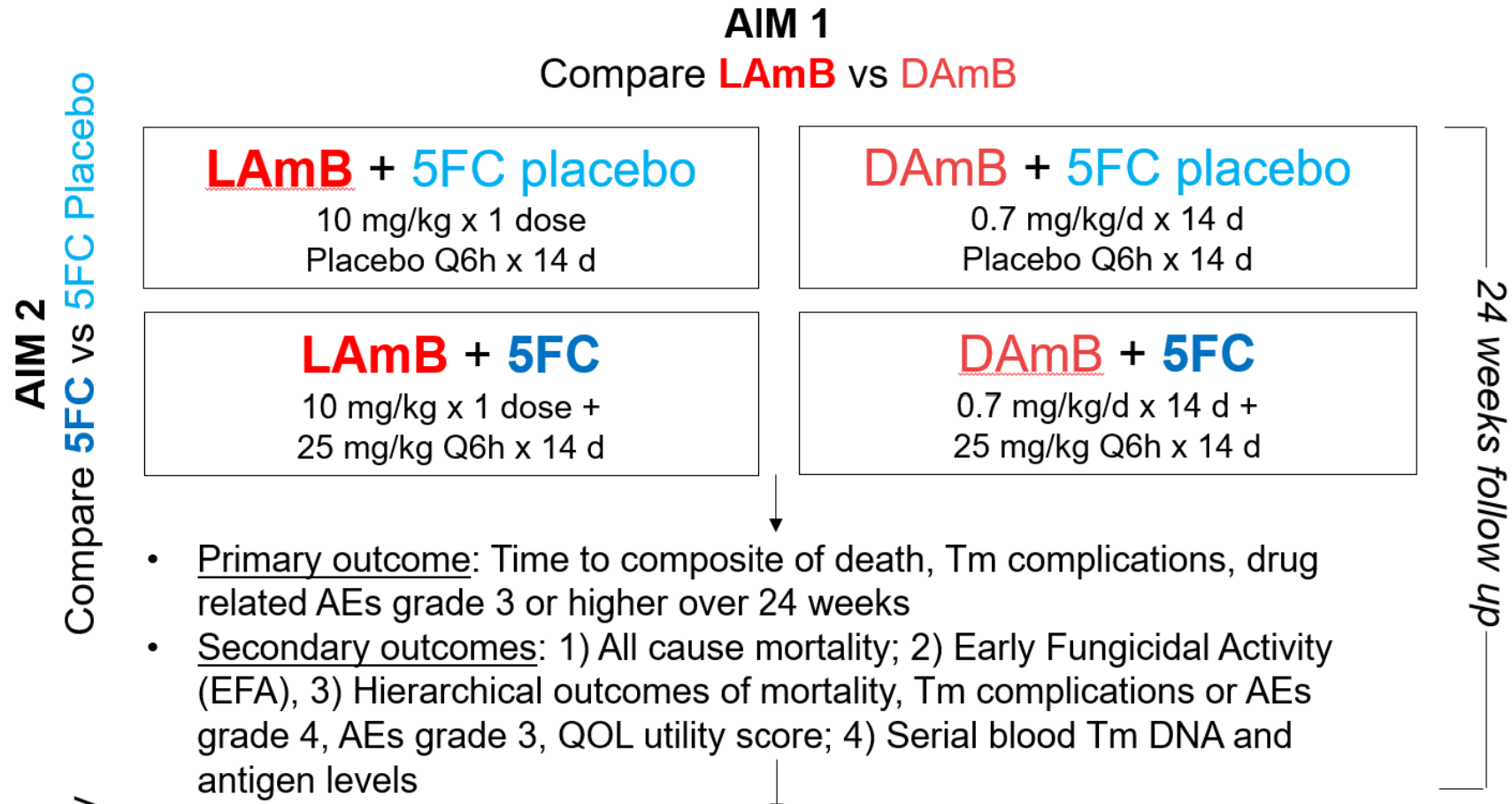
- time kill curve experiments



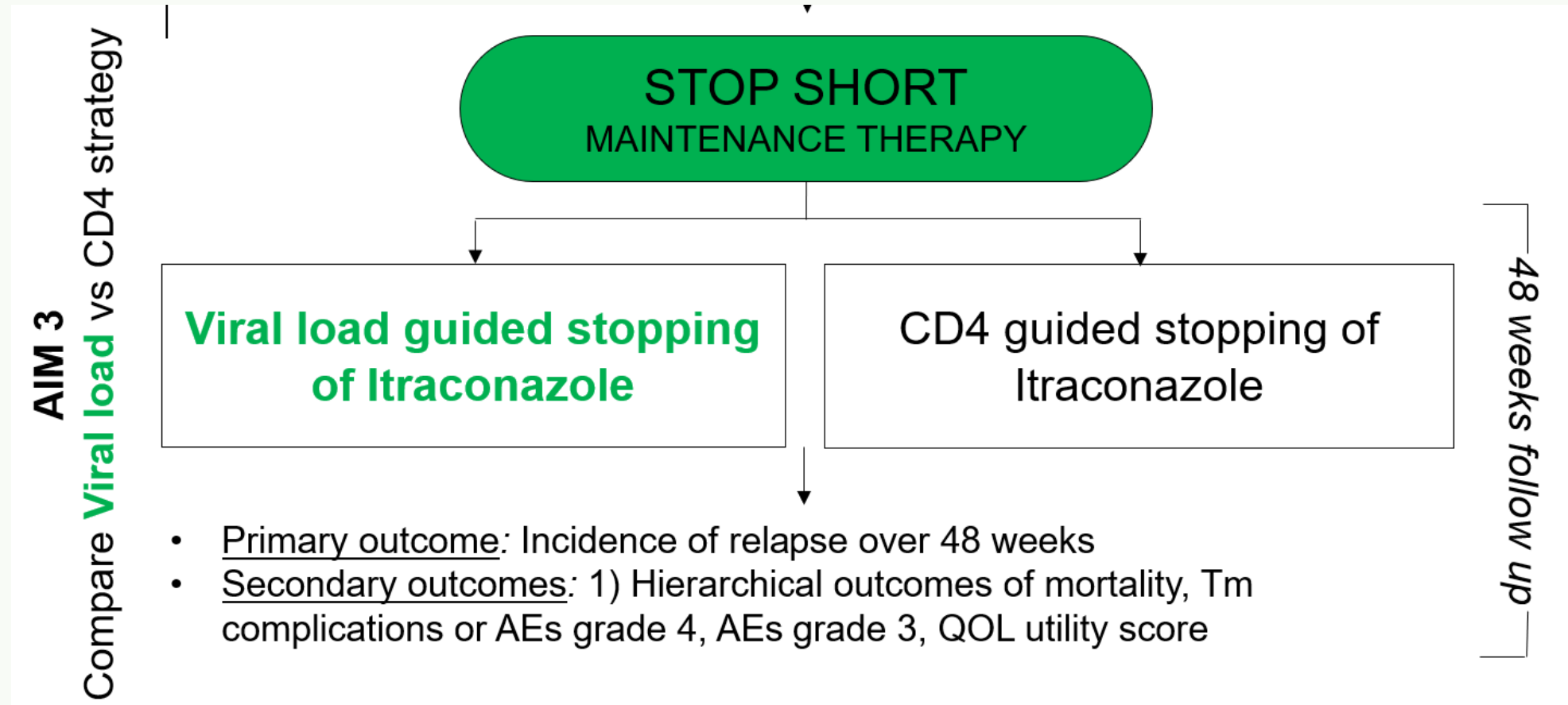


LAmB-FAST

Liposomal **A**mphotericin **B** - **F**lucytosine **A**ntifungal Strategies for Talaromycosis



When is it safe to stop maintenance antifungal therapy?





LAmB-FAST

Liposomal Amphotericin B - Flucytosine Antifungal Strategies for Talaromycosis

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Summary, insights, research directions

Diagnosis

1. qPCR and antigen assays offer excellent rapid rule in and rule out tests
2. Urine is an excellent sample for antigen detection
3. There is the potential for antigen and qPCR testing to be used to prognosticate and follow treatment response
4. Host-based diagnostics will expand our understanding of disease spectrum, identify people at risk for disease reactivation disease, and improve patient management

Treatment

1. Induction therapy:
 - LAmB-FAST trial
 - Liposomal amphotericin B +/- 5FC
 - Other antifungals?
2. Consolidation and maintenance:
STOP SHORT trial testing viral load guided strategy

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